Below are helpful RULER resources referenced in our session together:

- Presentation Slides | PPT
- WA State SEL Standards & Benchmarks | with Indicators | with CASEL 5
- CASEL National SEL Framework | Indicators of Schoolwide SEL | Self-Assessment
- RULER Online Dashboard
- Integrated Pacing Guide 2023-24 | Middle School | High School
- RULER **Feeling Words** | K-5
- RULER Blueprint Resources | <u>Conference Guidelines</u> | <u>Reflection Worksheet</u> (fillable)
 | My Side of the Story form (<u>DOCX</u> or <u>PDF</u>)
- MS Introductory Materials | Teaching Guide | Core Routines | Introductory Lessons
- RULER Curricula for Students | Middle School | High School
- RULER Implementation <u>Coaching Resources</u>

